

FIS Para Cross-Country World Cup 16.-21.12.2024 – Vuokatti

During the competition, testing will take place in a designated closed area near the finish zone, either immediately before or after the athlete's performance. The testing protocol adheres to the rules set by the International Ski Federation (FIS). For further details on equipment control, fluorine-free requirements, and proper ski cleaning methods, please visit:

<https://www.fis-ski.com/cross-country/>

Fluorine Detection

The primary goal of fluorine testing is to ensure compliance with fluorine-free regulations and to maintain fairness in competition. Disqualification requires clear detection of multiple measurements exceeding the threshold values. A single slightly abnormal result will not lead to disqualification. The use of fluorine must be distinctly visible and verifiable. More details are available at the link above.

Pre-testing

The testing organization will provide an informal testing opportunity for all athletes before the competition. The purpose is to verify that ski cleaning has been performed correctly. Exceeding threshold values during preliminary testing will not result in penalties, and no measurement results will be recorded. This initiative aims to raise awareness about the testing process and proper cleaning techniques. Preliminary testing will take place in a testing tent located at the stadium.

Schedule:

- **Monday, 16 December 2024:**
 - 12:00–14:00
 - Focus: Skis intended for use the following competition day.
- **Wednesday, 18 December 2024:**
 - 12:00–14:00
 - Focus: Skis intended for use the following competition day.
- **Other days:**
 - Additional testing opportunities during competition week will be announced at the team leaders' meetings.

Ski Marking

- The pair of skis used in the competition must be marked with FIS stickers for testing purposes:
 - Attach a FIS sticker to both skis, in front of the binding.
 - The sticker adheres best to a dry and warm ski.
 - Use a permanent marker to clearly write the athlete's race number and country code in the designated fields on the sticker.
- Stickers for each athlete will be distributed when race numbers are collected.
- It is the responsibility of the athlete or their support staff to ensure that the skis used in competition have the stickers applied before handing them over for testing.
- A pair of skis can be used by multiple athletes, but note that each race requires the skis to be marked separately:
 - Stickers are reusable, and previous markings can be cleaned off with wax remover.

Testing Protocol

- **Pre-Competition Testing:**
Athletes or other team member place skis in the rack indicated by the race officials, corresponding to the athlete's race number. Skis are then taken for pre-competition testing and returned to the same place afterward.
- **Post-Competition Testing:**
After the race, skis must be left in the testing area, where they will be collected for post-competition testing. Following the test, skis will be placed in a separate rack near the testing tent for retrieval approximately 15 minutes after the race.

Detailed testing protocols for each competition day will be communicated during the team leaders' meeting on the preceding evening.

Important Notes

Athletes and other team members should familiarize themselves with the stadium layout before the competition to understand the fluorine testing area's operations. Event officials will be on-site to guide athletes through the testing process.

Questions

Before submitting inquiries, review all provided materials. If questions about testing or fluorine compliance remain, contact the competition organizing committee.