

TEAM CAPTAINS' MEETING

Dec 17 and Dec 18

AGENDA

Roll Call

Introduction of the OC and the Jury

Event Program

Weather Forecast

Entries, draw and startlist

Venue Overview

Stadium

Courses

Course Preparation and Grooming

Ski testing and warming up

Times and courses for training

Information from the TD

Information from the OC

ROLL CALL

- ARG
- ARM
- AZE
- BLR
- BRA
- BUL
- CHN
- FIN
- GBR
- GEO
- GER
- ISL
- ITA
- KAZ
- NOR
- POL
- RUS
- SUI
- SWE
- UKR

INTRODUCTION OF THE OC and JURY

OC:

Chief of Competition :	Jyrki Uotila
Chief of Timing :	Jussi Patana
Chief of Course:	Jani Ähtävä
Chief of Stadium:	Mika Kumpulainen
Race Secretary:	Mette Leskinen

JURY:

TD:	Zofia Stefania Kielpinska
Chief of Competition :	Jyrki Uotila
Jury Member:	Leandro Ribali, BRA

EVENT PROGRAM:

Dec 17

8:00	9:55	Course open for training
9:00	10:20	Bib and transponder distribution at start area, sitting
9:55		Course closed for Competition
10:00	10:32	CROSS-COUNTRY SKIING MEN'S 5 KM, SITTING
10:20	10:55	CROSS-COUNTRY SKIING WOMEN'S 5 KM, SITTING
11:10	11:25	Ceremony
10:55	11:55	Course open for training
11:15	13:10	Bib and transponder distribution at start area, VI and standing
11:55		Course closed for Competition
12:00	12:27	CROSS-COUNTRY SKIING MEN'S 7,5 KM C, VISUALLY IMPAIRED
12:20	12:51	CROSS-COUNTRY SKIING MEN'S 7,5 KM C, STANDING
13:00	13:31	CROSS-COUNTRY SKIING WOMEN'S 5 KM C, STANDING
13:10	13:39	CROSS-COUNTRY SKIING WOMEN'S 5 KM C, VISUALLY IMPAIRED
13:55	14:20	Ceremony

Dec 18

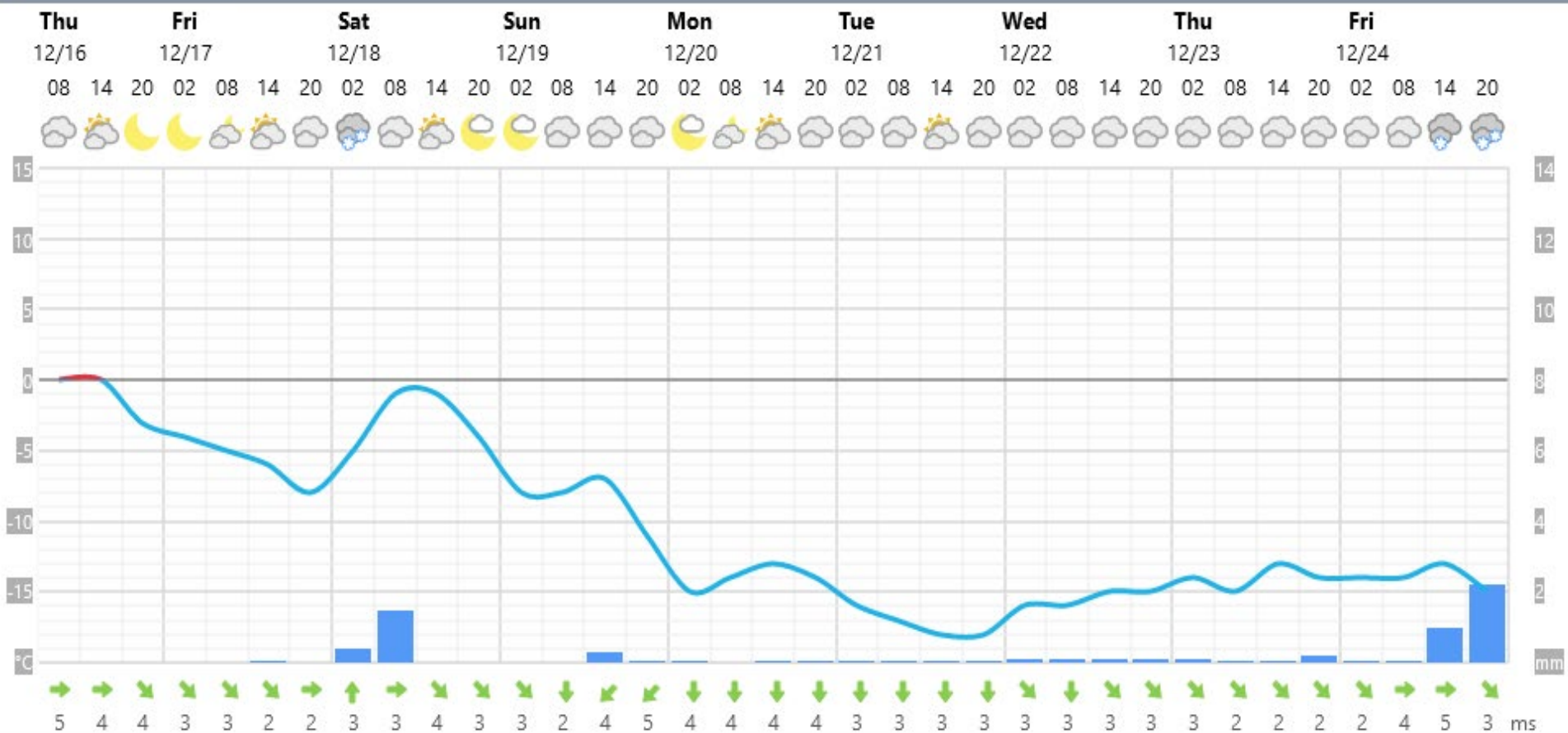
Start	End	Activity
8:30	9:55	Course open for training
9:30	10:20	Bib and transponder distribution at start area, sitting
9:55		Course closed for Competition
10:00	10:47	CROSS-COUNTRY SKIING MEN'S 10 KM, SITTING
10:20	11:02	CROSS-COUNTRY SKIING WOMEN'S 7,5 KM, SITTING
11:20	11:35	Ceremony (in order of competitions)
11:05	11:55	Course open for training
11:30	13:35	Bib and transponder distribution at start area, standing & VI
12:00	12:43	CROSS-COUNTRY SKIING MEN'S 12,5 KM FREE, STANDING
12:20	13:16	CROSS-COUNTRY SKIING MEN'S 12,5 KM FREE, VISUALLY IMPAIRED
13:20	14:10	CROSS-COUNTRY SKIING WOMEN'S 10 KM FREE, STANDING
13:35	14:19	CROSS-COUNTRY SKIING WOMEN'S 10 KM FREE, VISUALLY IMPAIRED
14:35	14:45	Ceremony (in order of competitions)



WEATHER FORECAST:

date 17.12.2021

Weather for the week



ENTRIES AND DRAW

Checking of Entries (Entries are found in whatsapp group)

Startlist

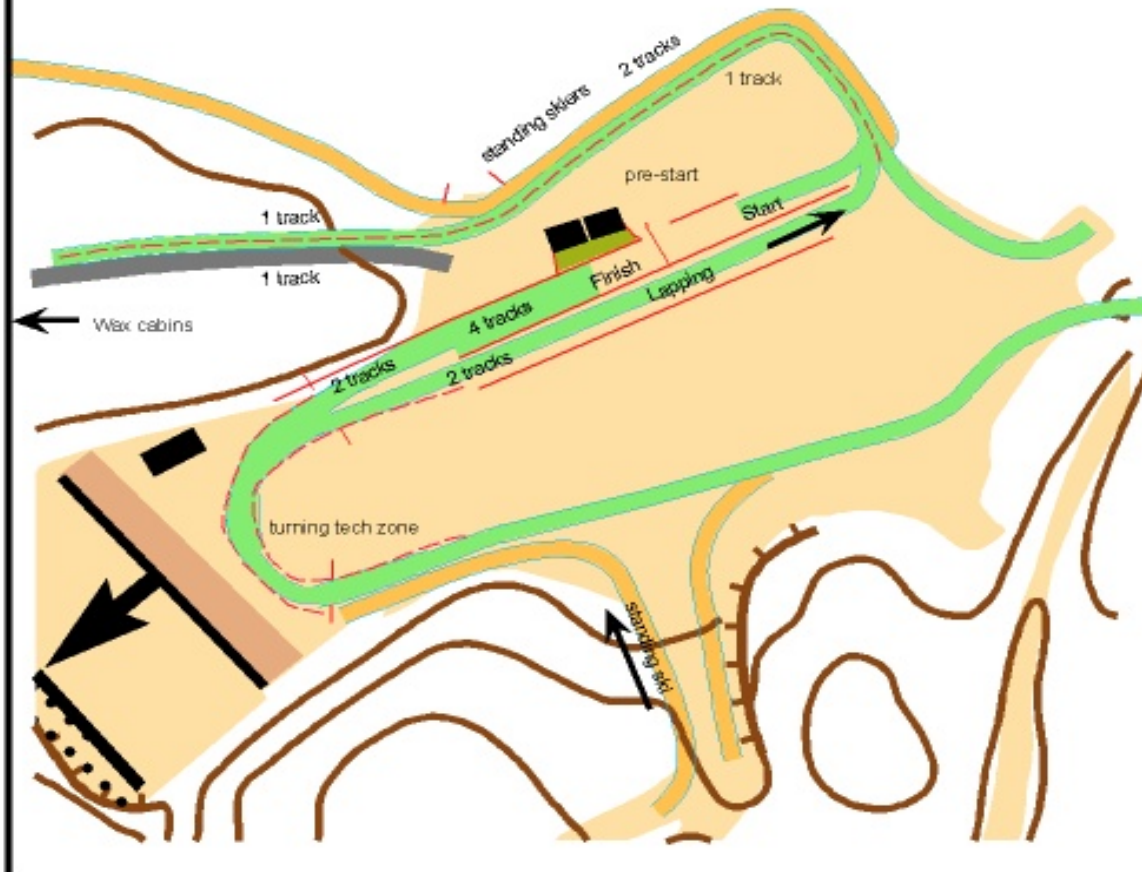
Bib pickup information:

Bibs and transponders are available in pre-start area.

The same transponders will be used in all the competitions. Return after your last competition.

Bibs will be taken away after every competition.

IPC World Cup Vuokatti Stadium area XC



STADIUM

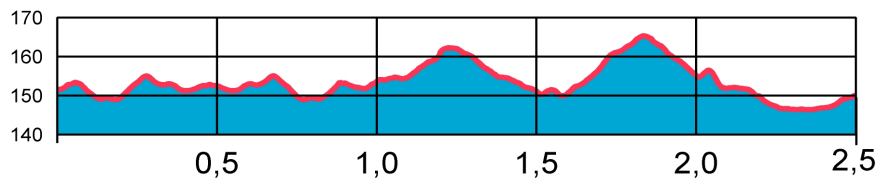
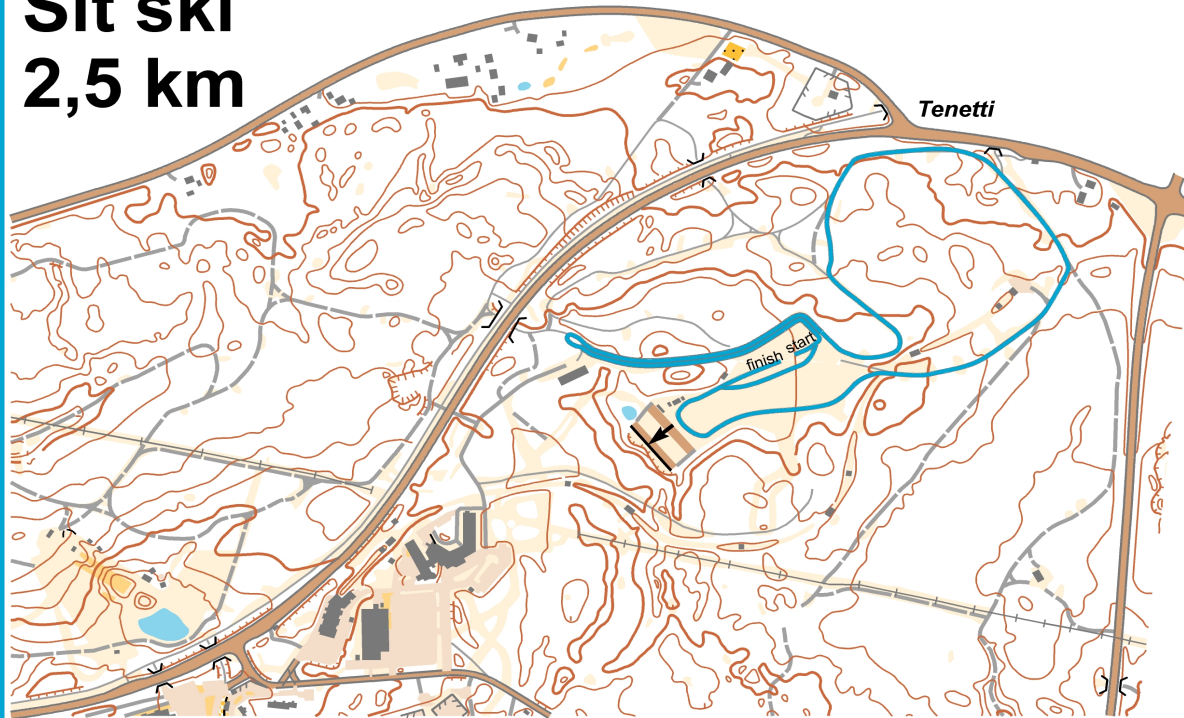
First sit ski layout,
Then changed for
standing ski layout
with V-boards

Free technique
1 track will be used for
standing skiers

Finish:
3 corridors, 2 tracks

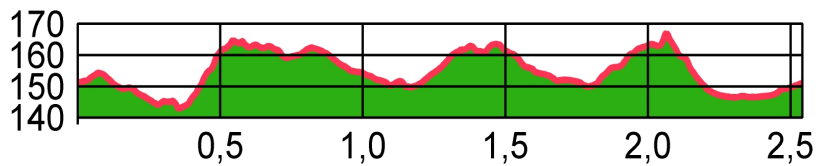
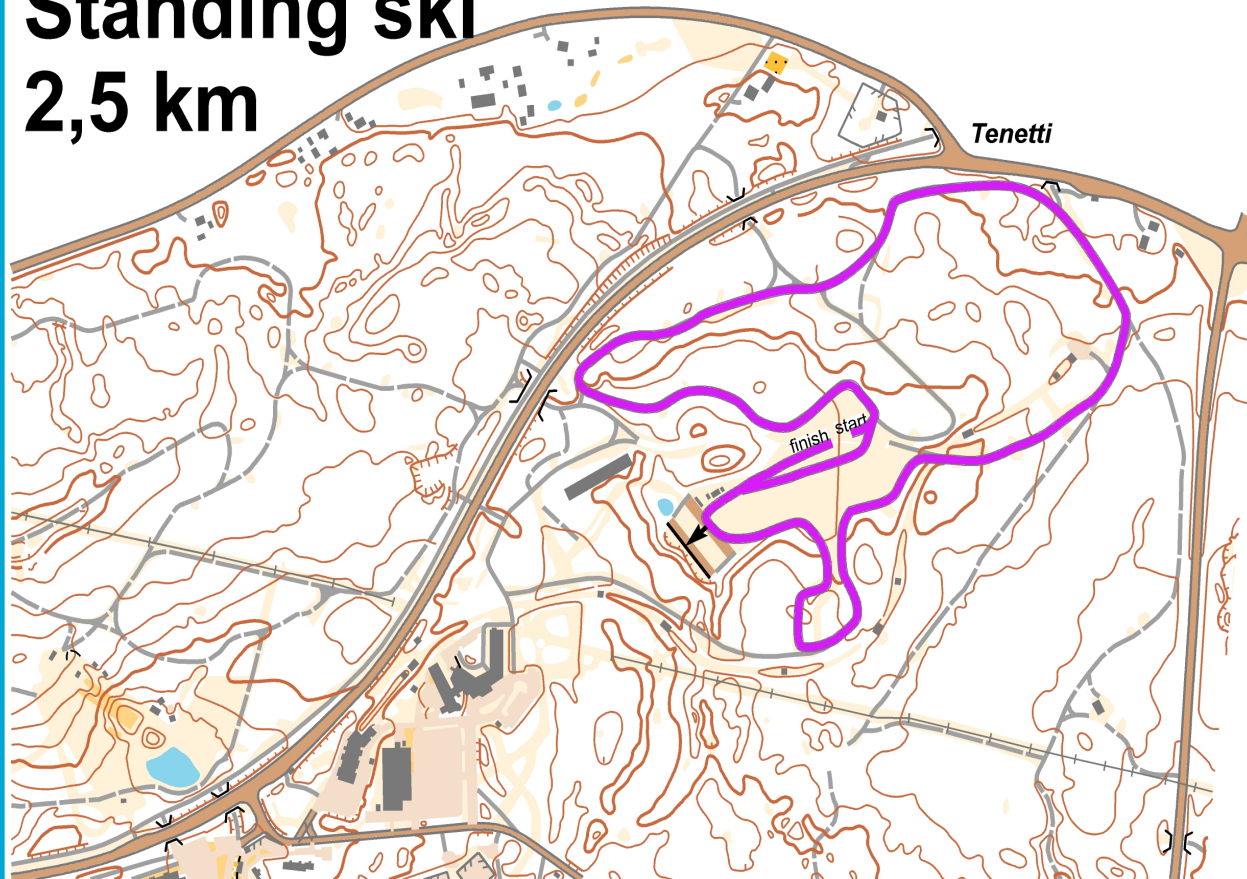
Courses

Sit ski 2,5 km



HD 19 m
MC 15 m
TC 41 m

Standing ski 2,5 km



HD	25 m
MC	22 m
TC	67 m

COURSE PREPARATION AND GROOMING

Schedule for Grooming: Around midnight

SKI TESTING AND WARMING UP

Until 9:55 and 11:55 on competition course on skiing direction

For standing skiers outside sit ski course

GENERAL INFORMATION FROM THE TD

310.2.1.1 Classical technique includes the diagonal stride, double poling with or without diagonal kick, herringbone without a gliding phase, and turning technique.

310.2.1.5 Single or double skating is not allowed ([352.5 Written Reprimand](#))

315.2 Interval Start Procedure

315.2.4 The competitor may start any time between three seconds before and three seconds after the start signal. If he/she starts more than three seconds before the start signal, **it is a false start** and must be reported to the jury. If he/she starts more than three seconds after the start signal, it is a late start and the start list time will count

352.4.1 Early start infractions should be sanctioned by time penalties:

352.4.1.1 In interval start competitions or sprint qualifications, early start infractions should be sanctioned by a minimum time penalty of 15 seconds (the competitor's calculated time + 15 seconds minimum penalty).

352.1.3

The consequences of a sanction assessed on a guide during a competition automatically applies to the athlete/guide team. This includes the consequences of *a second written reprimand* regardless of team composition.

GENERAL INFORMATION FROM THE OC

Remember the COVID-19 procedure!